

**PRACTICE PAPER**  
**HOME SCIENCE ( Code – 064)**

**CLASS XII**

**Time Allowed: 3hrs.**

**Max. Marks:70**

**General Instructions:**

1. All questions are compulsory.
2. There are total 33 questions.
3. Questions no. 1- 18, Section A, are objective type questions and are of 1 mark each.
4. Questions no. 19 – 23, Section B, are of 2 marks each, to be answered in 10-20 words.
5. Questions no. 24 and 25, Section C are of 3 marks each, to be answered in 20-30 words.
6. Questions no. 26 -29 are of 4 marks each, to be answered in 40 words.
7. Questions no. 30 -33 are of 5 marks each, to be answered in 50-60 words.
8. Internal choices are given in sections B, C, D and E.
9. Support your answer with suitable examples wherever required.

<b>SECTION A</b>		
	Fill in the blanks:	
1.	Two possible reasons for extreme depression in a sixteen year old boy can be _____ and _____. OR ----- is the eating disorder in adolescents which leads to skeletal appearance due to excessive weight loss.	1
2.	Benefits of savings are to----- and-----.	1
3.	Two chemicals used in water purification are _____ and _____.	1
4.	Full form of RDA is _____.	1
5.	Expansion of DWCRA is _____. OR Expansion of MGNREGA is _____.	1
6.	Two advantages of using reverse osmosis system to make water safe are _____ and _____.	1
7.	Liquidity means-----.	1
8.	An additional amount of protein required during pregnancy is _____.	1
9.	The term 'Growth spurt' means -----	1

10.	Binge eating and vomiting out the food are the symptoms of _____.	1
	MULTIPLE CHOICE QUESTIONS:	1
11.	To fulfill the social needs of elderly, a ideal old age home should have: a. Medical and health care facilities b. Nutritious meals c. Safety and security d. Company of own age	1
12.	Which of the following makes appearance taller? a. Vertical lines b. Horizontal lines c. Diagonal lines d. Plain	1
13.	An example of direct real income is: a. Skill of family member b. Fringe benefits c. Barter system d. buying a house	1
14.	What are 'fasteners' in a baby dress? a. Buttons and zippers b. Laces and piping c. Embroidery in a dress d. Stitching	1
15.	What is the name of first yellow milk that comes out of breast of mother? a. Serum b. Cholesterol c. Colostrum d. Sterols	1
16.	Anita has to buy gold for her daughter's marriage. Which standardized mark she should check on the gold jewellery? a. Eco mark b. Wool mark c. Hallmark d. AG mark	1
17.	Which are the symptoms of Diabetes Mellitus: 1. Frequent urination    2. Odema    3. High fever    4. Blurred vision 5. Excessive thirst  a. 5,4 and 2 b. 1,4 and 5 c. 5,1 and 3 d. 1,2 and 4	1
18.	In order to supplement your family income, you want to start a business of homemade laundry soaps. What two usual components will you use while making soap at home a. Alkali like caustic soda, caustic potash & Animal or vegetable fat	1

	b. Animal or vegetable fat & acetic acid c. Starch and cellulose a. Alkali & chains of fatty acids	
<b>SECTION B</b>		
19.	Suggest four ways parents can help in shaping the personality of their adolescent boys? OR Development is Multidirectional'. Explain this statement with two examples.	2
20.	Write any two steps taken by government which ensures that 'Right to safety' of consumers is adequately met and also Write any two advantages of consumer education.	2
21.	Your younger brother is suffering from high grade fever. Which two nutrients will be required in more quantities and why?	2
22.	What do you understand by the term "Drape"? How will you check the drape in a dress? Write any two ways of it.	2
23.	Rohini is very good at cooking. She wants to pursue her career in this field. But her friends are taking mainstream subjects. Thus, she is not able to decide which stream she should take. Convince her by explaining four career options related to the field of cooking. Or Which four skills are required by a student of Home science to run his/her own bakery from home?	2
<b>SECTION C</b>		
24.	Based on your knowledge of stain removal, explain the procedure of removing stains of grease and blood to your friend. And what two precautions he/she should take while using chemicals to remove stain? OR While working in kitchen, your friend got a stain on her white kurti. How will you help her in identifying a stain? Also guide her the appropriate way of removing the unknown stain without damaging her kurti.	3
25.	Your father has purchased a faulty room heater from a shop. Shopkeeper refused to exchange it. He does not know the procedure to file complaint. Explain him the procedure to file the complaint in consumer protection forum.	3
<b>SECTION D</b>		
26.	'Peer group and media play an important role in selection of food' among children. Justify your answers with two examples of each. What four dietary considerations will you follow for school going children while planning meal?	4
27.	Aggression is very common in today's adult. Write any four possible reasons for it and also explain four ways of controlling anger.	4
28.	Describe any six benefits and two drawbacks of investing money in any insurance scheme. OR	4

	What do you understand by a standardized mark? Why are they important? Draw a logo of eco-friendly mark and name any two products on which you find this mark.	
29.	You have to buy a party dress to be worn in winter. What kind of fabric you will prefer and why? To ensure durability and qualities, what six points will you check while purchasing this dress? OR You have to design a kurti for your sister who is tall and thin. Illustrate two ways each you can create harmony and rhythm in this dress.	4
<b>SECTION E</b>		
30.	Suggest tips for safe storage of clothing to your brother who is going for one month internship programme in Bengaluru. Suggest him any five steps each for daily wear and occasional wear clothes. OR a. How do climate, occupation and fashion influence selection of apparel? Explain with one suitable example of each. b. Write any four points you will keep in mind while selecting fabric for your grandmother who is going for religious tour to coastal areas.	5
31.	Analyze any five types of investment schemes offered by banks.	5
32.	Describe three cognitive changes you observe in adolescents? Analyze the impact of these changes on the Identity of adolescents. OR Identify any five different stressors in the life of class XII student. Discuss any five skills which he/she can use to combat with that stress.	5
33.	Your mother bought Besan and mustard oil from local vendor. Name one adulterant which may be present in each and write two ill effects of each on human body. Advise her any four tips buying unadulterated groceries.	1+2+2=5

