

APEEJAY SCHOOL, SHEIKH SARAI
FIRST TERMINAL EXAMINATION, 2019-20

SS-45

CLASS-XII
PSYCHOLOGY

Time allowed : 3 Hrs.

M.M. : 70

General Instructions :

- *All questions are compulsory and answers should be brief and to the point.*
- *marks for each questions are indicated against it.*
- *Question No. 1-18 in Part A carry 1 mark each. You are expected to answer them as directed.*
- *Questions No. 19-22 in Part B are very short answer questions carrying 2 marks each. Answer to each questions should not exceed 30 words.*
- *Questions No. 23-26 in Part C are short answer type-I questions carrying 3 marks each. Answer to each questions should not exceed 60 words.*
- *Questions No. 27-31 in Part D are short answer type-II questions carrying 4 marks each. Answer to each questions should not exceed 100 words.*
- *Questions No. 23 and 33 in Part E are long answer type questions carrying 6 marks each. Answer to each questions should not exceed 200 words.*

PART-A

(1×18=18)

1. Dipa Karmakar is the first Indian gymnast to qualify for the Rio Olympics 2016. According to psychologists Dipa would be high on _____ intelligence.

- (a) Spatial (b) Interpersonal
(c) Naturalistic (d) Bodily-kinesthetic

Or

According to hierarchic model of intelligence, abilities operate at two level :
level 1 _____ and level 2 _____ .

2. Distinctiveness and variations among people's characteristics and behavioural patterns is called variability: True/ False

3. A student with high aptitude in verbal reasoning and strong interest in reading is more likely to succeed as a _____.

- (a) Journalist (b) Engineer
(c) Athlete (d) Agriculturalist

P.T.O.

4. Guilford's model of intellect include _____ cells.
- (a) 120 (b) 130
(c) 180 (d) 100
5. Attributes of a person that make him different from others is referred to as _____ identity.
- Or
- _____ personality is prone to depression.
- (a) Type A personality (b) Type B personality
(c) Type C personality (d) Type D personality
6. The instinctual life force that energized the id is called _____
7. The children develops sexual feelings towards parents of opposite sex. Freud called these thoughts and feelings in boys _____
- (a) Electra complex (b) Oedipus complex
(c) Fixation (d) Identification
8. Who among the following divided all personalities into introverts and extraverts?
- (a) Freud (b) Carl Jung
(c) Adler (d) Erikson
9. Value judgment of a person about himself/herself is called _____
10. Frustration results from _____
- (a) Incompatibility between two or more needs or motives.
(b) Blocking of needs and motives.
(c) Expectations from oneself and others
(d) Excessive demands.
11. Efforts to maintain hope and control emotions represents
- (a) Emotion focused strategy (b) Task oriented strategy
(c) Avoidance oriented strategy (d) Problem focused strategy
- Or
- Sely's model has been criticized for
- (a) Assigning too big a role to psychological factors in stress
(b) Giving too much importance to perception, personalities and biological constitutions of people.
(c) Assigning a limited role to psychological factors in stress.
(d) Assigning a limited role to physiological factors in stress.

12. The reaction to external stressors are called _____
13. The craze for thinness valued by models and actors is termed as _____
(a) Anorexia nervosa (b) Bulimia.
14. Ritu's son works in a call centre. In spite of knowing his odd hours of returning, she continues to have prolonged, vague and intense fear, accompanied by hyper vigilance, showing a kind of anxiety. identify the type of anxiety she is differing from?
15. I can control the weather according to my moods'. This is a statement made by a person suffering from delusion of _____
(a) Persecution (b) Reference
(c) Grandeur (d) Control

Or

People remain motionless and silent for long stretched of time is called

- (a) Catatonic Stupor (b) Catatonic Rigidity
16. 'At Risk' people fall into which category or model of abnormal behavior.
(a) Psychodynamic (b) Behaviour
(c) Cognitive (d) Diathesis-Stress model
17. People unable to prevent themselves from repeatedly carrying out a set of actions are affected by :
(a) Mainc depressive disorder (b) Panic disorder
(c) Somatoform disorders (d) Obsessive compulsive disorder
18. RET (Rational Emotive Therapy) has been proposed by _____
(a) Abraham Maslow (b) Alnert Ellis
(c) Aaron Beck (d) Carl Rogers

Or

Repeated associations of undesired response with an aversive consequence refers to

- (a) Positive reinforcement (b) Aversive conditioning
(c) Negative reinforcement (d) Modeling

PART-B

(2×4=8)

19. Describe gestalt therapy.
20. What is technological intelligence.
21. How are IQ scores distributed in a population.

Or

What is CAS?

22. State four characteristics of psychotherapeutic approaches.

PART-C

(3×4=12)

23. Are there cultural differences in the conceptualization of intelligence?

Or

Explain the relationship between creativity and intelligence.

24. What are life skill? Explain any two life skills dealing with stress.

25. How does Erich Fromm differ from Freud's approach to personality?

Or

How Oedipus and Eltra complex are different?

26. What is 'Schizophrenia'? State various symptoms associated with schizophrenia, explain any two.

PART-D

(4×5=20)

27. Discuss the uses and misuses of intelligence test.

28. Discuss the five factor model of personality?

Or

What are the three levels of consciousness as proposed by Freud? How unconscious is important?

29. Give an example of a life event which is likely to be stressful. Suggest reasons why it is likely to cause different degrees of stress to the person experiencing it.

Or

How does stress affect the immune system.

30. What are Depressive disorders? What are the factors causing depression.

31. Discuss cognitive behavior therapy. State two psychological disorders in which cognitive behaviour therapy is used for treatment.

Or

Describe the importance of therapeutic relationship in psychotherapy.

PART-E

(6×2=12)

32. Discuss observational methods used in personality assessment. What problems are faced in using these methods?

Or

Explain the concept of personality. Describe the cultural approach to study personality.

33. What are neurodevelopmental disorders? What are its types.

Or

What do you understand by Dissociative Disorders? Explain its types.

APEEJAY SCHOOL, PANCHSHEEL PARK

PRE-BOARD EXAMINATION

SESSION: 2019-2020

SUB: PSYCHOLOGY

CLASS - XII

Time – 3 Hours

Max Marks – 70

General instructions

All questions are compulsory and answers should be brief and to the point.

Marks for each question are indicated against it.

Question Nos. 1-17 in Part A are objective type questions carrying one mark each. You are requested to answer them as directed.

Question Nos. 18-21 in Part B are very short answer type questions carrying two marks each. Answer to each question should not exceed 30 words.

Question Nos. 22-24 in Part C are short answer type I questions carrying three marks each. Answer to each question should not exceed 60 words.

Question Nos. 25-30 in Part D are short answer type II questions carrying four marks each. Answer to each question should not exceed 100 words.

Question Nos. 31-32 in Part E are long answer type questions carrying six marks each. Answer to each question should not exceed 200 words.

PART A

1. Integral intelligence gives emphasis on connectivity with the social and world environmental. True/False 1

2. The mental age (MA) of an 8 year old child with an IQ of 110 is _____ years. 1

3. Priyanka is aspiring to head the electronic department in her office. She is a motivated & hardworking. However, she is unable to feel relax and feels always short on time. This is an example of _____ personality. 1

a) Type B b) Type A c) Type D d) Type C

4. A student who believes that he has the ability to excel in sports demonstrates high 1

_____ (a) Self regulation (b) Self efficacy (c) Self esteem (d) Self confidence

5. Rajiv received _____ support during his times of distress, from his family & friends who reassured him that he is love, valued and cared. 1

6. _____ can be defined as the pattern of response an organism makes to stimulus event that disturbs the equilibrium and exceeds a person's ability to cope. 1

7. _____ disorder involves a person having persistent body-related symptoms which may or may not be related to any serious medical condition. 1

8. Icela doesn't enjoy doing much of anything lately. She has lost interest in food & all activities. She seems agitated most of the time & is unable to think clearly. Most of the days she stays in bed. If these symptoms get prolonged, she may be diagnosed as having: 1

a) Bipolar Disorder b) Major Depressive Disorder c) Agoraphobia d) Schizophrenia

9. Geeta punched Rani. Clasmates who witnessed this, explained this hitting behavior by saying that Geeta is a hot-tempered person. The classmates were doing _____ attribution. 1

10. "Girls are not good at sports". This is an example of
 a) Prejudice d) Discrimination c) Stereotype d) Scapegoating 1
11. _____ a type of alternative therapy, is taught in the USA, has been found to be very effective in the treatment of mental disorders. 1
12. Even though Preeti's mother has recently brought her a pair of shoes, Preeti is insisting on buying a new pair of a particular brand that all her classmates are wearing. Preeti's behavior illustrates:
 a) Compliance b) Competition c) Obedience d) Conformity 1
13. Raju is of the view point, that there should be capital punishment for rape. He found that his colleagues also favour his point of view. He felt that his view is validated by the public. This is a kind of _____ effect. 1
14. The instrumental perspective suggests that physical environment exists mainly for use by human beings. True/False 1
15. "The distance of an audience from a public speaker" is an example of :
 a) Intimate distance b) Public distance c) Personal distance 1
16. _____ means the ability to understand the feelings of another person from his/her perspective.
 a) Empathy b) Positive Regard c) Self Concept d) Authenticity 1
17. Intrapersonal communication refers to the communication that takes place between two or more persons. True/False 1

PART B

18. Explain the behavioural effects of stress 2
- 19A). Rajiv is 5 years old, she cries when she is dropped to school. Explain the disorder and list its symptoms. 2
- OR
- 19B) Differentiate between delusions and hallucinations
- 20) How would you rehabilitate patients to become productive members of society? 2
- 21) Differentiate between group think and group polarization 2

PART C

- 22) Mrs Sharma has to switch her job every two years because of her husband's transferable job. With reference to secondary appraisal, suggest ways in which she will interpret the situation. 3
- 23) Explain the psychometric approach to understand intelligence. Briefly explain any two theories based on this approach. 3
- 24A). "Rohan is a 17 years old boy who has just joined college after shifting to Bangalore. He plays Guitar and has got friendly with the band in college". What do you think are reasons for him to become a part of the Band or becoming friendly with that group? 3

OR

- 24B) Discuss the determinants of cooperation and competition

PART D

25). "Nisha is a 10 years old girl how has an exceptional general ability which can be seen in wide variety of areas" 4

a) Which ability is been discussed here?

b) Explain its important characteristics in detail?

26) Using Allport's theory, Identify the various types of traits in the given situation. Explain them in detail. "Supriya is a very warm and friendly girl who is often known as the FLORENCE NIGHTINGALE of the class. She is a very traditional girl who always prefers to wear Indian or ethnic clothes. She hates the western culture especially the trend of going to parties and discotheque." 4

27) Highlight the difference between direct and indirect techniques used for assessing personality. Briefly explain anyone indirect technique 4

28A) A person has a phobia of cockroaches. Explain this phobia from the social learning perspective and psychoanalyst viewpoint giving examples. 4

OR

28B) Priyanka has been feeling anxious and depressed. She is convinced that no one loves her and that it would be very difficult for her to succeed. How will Beck's cognitive therapy help her deal with her negative thoughts? 4

29. Our planet earth is facing a huge crisis. If adequate measures are not taken, it may lead to a global disaster. As a responsible student, suggest steps that can be taken to promote pro environmental behavior. 4

30A) "A panel of judges is supposed to interview around 20 candidates for the post of Sales Manager in Nestle". What procedure / format do you think they will follow to deal with the candidates? 4

OR

30B) "Sharad is a 27 years old boy, who is very socializing and speaks to many people. But most of the time he is not able to remember many, important discussions after the interaction is over." What tips would you give him to improve his communication skills?

PART E

31A) Explain abnormal behaviour from the perspective of socio-cultural model 6

OR

31B) What are Anxiety Disorders? Name and explain any four types of anxiety disorders.

32A) Discuss factors influencing impression formation. Explain actor-observer effect in attribution. 6

OR

32B) Explain social cognition. Discuss with examples the role of schemas in social cognition.