

<p style="text-align: center;">APEEJAY COMMON EXAMINATION (2021-2022) TERM II HOME SCIENCE- 064 CLASS: XI</p>		
	<p>TIME: 2 Hours</p> <p>General Instructions:</p> <ol style="list-style-type: none"> 1. All questions are compulsory. 2. There are total 13 questions. 3. Question paper is divided into three sections-A, B and C. 4. Section A has question nos. 1 to 7 of 2 marks each. 5. Section B has question nos. 8 to 10 of 3 marks each. 6. Section C has question nos.11 to 13 of 4 marks each. 7. There are internal choices in some questions. 	<p>M.M. 35</p>
Q.No	SECTION A	Marks
1.	Why do children from low income families need extra food and nutrients?	2
2.	<p>What is the full form of BCG? How does immunization help a child protect from various diseases?</p> <p style="text-align: center;">OR</p> <p>Give reasons for the following:</p> <ol style="list-style-type: none"> a. Mother's milk is nature's best gift to the new born infant. b. Protein and Calcium are two key nutrients which preschoolers must have in adequate amounts. 	2
3.	What should be the features of clothes for children with special needs?	2
4.	Name two exercise that build endurance. Also state any two specific benefits of doing these exercises.	2
5.	Aman is a sole bread winner of his family and he wants to monitor his income and expenditure with proper budgeting . Mention the advantages of family budget.	2
6.	<p>How would someone symbolically represent (Any four)</p> <ol style="list-style-type: none"> 1. The avoidance in use of bleach - 2. To iron at a set temperature of 210° C - 3. Can be dried in a front loading machine - 4. Use white spirit only while dry cleaning - 5. Can be put in Machine for Wash - 	2
7.	<p>Give reasons for the following statements:</p> <ol style="list-style-type: none"> a. Cotton should not be heavily starched before storing for a long duration. b. Silk should not be dried in the sun. 	2

SECTION B		
8.	Fashion is a reflection of prestige. Elaborate.	3
9.	<p>Enumerate various qualities of a person who can be rated high on wellness dimension.</p> <p style="text-align: center;">OR</p> <p>Jane friends learnt a new concept ‘wellness’ and would often talk about it. Explain to Jane what it means so that she can also participate in the discussion with her friends.</p>	3
10.	You find a stain on your school shirt. Write the six points you will keep in mind while removing the same.	3
SECTION C		
11.	Enumerate affection-oriented and power-oriented approaches in parenting styles. In your opinion which is the better approach and why?	4
12.	“Besides nutritional requirements, children need to develop some good healthy habits.” Enlist and explain briefly the steps involved in development of healthy food habits in children.	4
13.	The monthly income of a family is Rs 40.000. They wish to invest 72% of their income. In order to choose the best strategy to sound investment, explain them the different principles that play a role in their decision-making process.	4