

MDP 4: Interpersonal Effectiveness and Team Building

Introduction

Ability of the employees to lead and work in teams has emerged as most sought after skill in contemporary organizations. Corporate houses are constantly trying to foster team culture to augment organizational performance and beat the competitors and surprise their stakeholders with excellent service offerings. However, interpersonal effectiveness and team building skills depend on how well the managers understand self and other team members and how do they leverage this knowledge for accomplishing strategic goals of the organization. This program offers conceptual and practical insights on interpersonal effectiveness and teambuilding for achieving excellence across the organization.

Objectives

This program aims at enabling the participants to understand behavioural dynamics of self and the others and boost their personal, interpersonal and group effectiveness. Besides, the participants will get hands on experiential exposure on managing conflicts and taking charge of self-managed teams.

Contents

- Understanding the behavioural dynamics of self and others
- Inter-personal issues in communication and formal/informal transactions
- Conflict handling styles
- Building trust
- Working effectively in self-managed teams

Pedagogy

Lecture-discussion, case studies, experiential exercises/games, psychometric tests, presentations

For whom

Middle and senior level managers of public and private sector organizations

Duration

2 Days

Program Directors

Prof (Dr) Sudhir Naib



Prof(Dr). Sudhir Naib has about four decades of rich experience in Union Government and Academics. He is author of three academic books- two published by Oxford University Press, and one by Sage Publications. He has conducted MDPs for various Public and Private Sector Organisations in Leadership Development.

Dr Shweta Jha



Dr Shweta Jha has rich corporate and academic experience of about 18 years. She has published a number of research papers on issues related to leadership and organization development in reputed peer-reviewed journals. She has been invited

as a resource person by colleges of Delhi University and Guru Govind Singh Indraprastha University.