General Instructions:

(i) All the questions are compulsory.
(ii) Read the questions carefully and answer to the point.
(iii) Question numbers 1 – 6 carries one mark each.
(iv) Question numbers 7 – 21 carries two marks each.
(v) Question numbers 22 – 27 carries three marks each.
(vi) Question numbers 28 – 31 carries four marks each.

1. Define anorexia nervosa.
2. What are fancy or novelty yarns?
3. Name any two oxidative bleaches.
4. How does a good team spirit affects work situation?
5. Name two essential amino acids required during infancy.
6. Give the recommended dietary allowances for –
   (i) Vitamin A for lactating women
   (ii) Vitamin C for infants
7. Why do you think that Home Science is a combined study of science and art?
8. Explain any two heredity disorders.
9. What are the characteristics of resources?
10. Give a brief account of the importance of nutrition and exercise for adolescents?
11. Give any four physical properties of cotton fibre.
12. Give a brief account of any two factors that need to be kept in mind while making a time plan.
13. What are the two forms of malnutrition?
14. Explain any two factors to be kept in mind while choosing a career.
15. How can fuel for cooking be conserved?
16. Dosa is a dish which has high nutritive value. Identify two processes used in its preparation which enhances its nutritive value. Name one nutrient each which is increased by the two processes.

17. List any four benefits of small family norms in relation to population control.

18. Differentiate between saturated and unsaturated fatty acids.

19. Differentiate between block printing and roller printing.

20. Which age group is associated with the sensory motor stage of cognitive development? Give three main characteristics of this stage.

21. Discuss the dietary contribution of the food group ‘cereals, grains and products’.

22. Discuss the interdependence and inter-relation of any three steps involved in the process of management.

23. Discuss any three factors causing stress and storm in the life of an adolescent.

24. Give a brief account of the symptoms of iron deficiency.

25. What are blended fabrics? Name two such fabrics and give their two advantages.

26. How can you make small room look spacious? Give four points to support your answer.

27. Discuss any two types of weaves along with examples.


29. Briefly explain any four methods of preservation. Also list the principles of preservation underlying each of these methods.

30. Discuss with examples different methods of simplifying work at home.

31. Discuss any two special finishes given to fabric.